



SAYAMPRABHA MAJOR INITIATIVES 2018-19

**SOCIAL JUSTICE
DEPARTMENT**



GOVERNMENT OF KERALA

SOCIAL JUSTICE DEPARTMENT

SAYAMPARBHA MAJOR INITIATIVES

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INTRODUCTION

Social Justice Department working with the concept of welfare state is underpinning socio-economic development plans of Kerala Government. The department is working hard for the upliftment of marginalised groups and to provide justice to the victimized. The Directorate of Social Justice under the Department is the nodal agency for implementing the social welfare schemes of the State Government and various welfare schemes of the Government of India.

Kerala State formed ‘**Vayojana Nayam 2013**’(the Oldage Policy) of the Government by the order G.O (Ms.) No.37/2013/SJD dt.06.05.2013. The Policy acts as a guidelines to make Action Plans to form various schemes and projects for the welfare of Senior Citizens in the State. The Policy ensures the protection and welfare of all citizens above the age of sixty especially for the elderly women. The Policy aims to provide the better social economic and healthy life to the Senior Citizens and by the Policy the Kerala Government give the direction to all departments to ensure the economic security, better social living, providing Legal aid, protect from abuses, ensure better health by implementing projects, creates geriatric wards in the hospitals and special care in the Hospitals and give high priority in all fields.

The best thing is that the Policy give high importance to the implementation of The Maintenance and Welfare of Senior Citizens, by forming powerful rules under the Law, and says to form **State Old Age Council** under the Chairmanship of the Minister of Social Justice Department and also forms **District Old Age Councils** under the Chairmanship of District Collectors.

1. INSTITUTIONAL APPROACH AND STATE INITIATIVES

16 Government Old Age Homes are in the State. Out of which 11 homes were transferred to Local Self Governments and funds are also being routed through Local Self Government. Administration and control of staff is vested with Social Justice Department. Accommodation of food, clothing and medicines are provided at free of cost. 4 homes exclusively for differently abled senior citizens located in Alappuzha, Idukki, Palakkad and Wayanad. One for aged women at Thiruvananthapuram and one is dementia care centre at Ernakulam. *Rs. 2000/- per month for food, Rs. 1000/- per month for medicine , Rs. 2000/- per annum for clothing, Rs. 1500/- per annum for recreation, Rs. 600/- per annum for hair cutting, Rs. 200/- per month for cosmetics providing for each inmates and Rs. 10,000/- per annum for contingencies are allowed as grant per inmates by the Government.* Kerala Government already prepared a management manual for all Welfare Institution under Social Justice Department which includes guidelines for Old age homes also.



630 Old Age homes have been registered under Orphanages and other Charitable Homes Act, 1960 which are functioning according to the provisions of the State Government rules and regulations. *Government grant is being released @ Rs. 1100/- per month per inmate.* A committee is constituted by Government to study the conditions of the NGO run old age homes and to make suitable recommendations for providing right based services.

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- State Government Solely established and maintained 16 Old Age Homes by the State Government, Partly established and maintained 288 Old age Homes functioning with the aid of the State Government and wholly by a Trust/ NGO/others. 630 Old Age Homes are functioning in the State with the Registration of Orphanage Control Board of Kerala under the provisions of Section 19 (1) of the Law
- Kerala Government already prepared a Management Manual for all welfare institution under social Justice Department which include guide line for old age Homes also under the Section 19(2)
- Under Section 20 (i) Geriatric wards are arranged for Senior Citizens in the Government Hospitals. (ii). Separate Queues are arranged in necessary areas. (iii). Facility for treatment of chronic, terminal and degenerative diseases is expanded for senior citizens the
- Social Justice Department is implementing ‘**Vayomithram**’ Project which provides free medical consultation, free medicine, Palliative care through mobile clinic and help desk to elderly, through Kerala Social Security Mission. This project started its function on 2010-2011. During the 2012-2013 on wards Vayomithram project become a scheme and included in the Budget Provision. Navel projects are being taken up for mitigate Elderly diseases. There are earmarked facilities for geriatric patients in every district hospital duly headed by a medical officer with experience in geriatric care.
- Under Section 21 (i).For the Wide publicity of this Act through public and the print at regular intervals - Steps already taken through F.M Radio and printed media and through circulating brochures and posters printed by the department. (ii)Training programs are already conducted to Revenue Divisional Officers, Maintenance officers since 2014. Training Program also conducted for State Old age Council and District Committee Members. (iii). For the effective co-ordination between the services provided by the concerned Ministries or

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Departments dealing with law, home affairs, health and welfare, to address the issues relating to the welfare of the senior citizens and periodical review of the same the Government appointed Technical Assistants on contract basis to assist the Revenue Divisional Officers since 2017-18 financial year.

- Under Section 22 (i). Government have constituted the Appellate Tribunal for each district and appointed the District Collectors as presiding officers of such Tribunals, (ii). Actions are taken by the Police Department to build a Comprehensive Action Plan for providing protection of life and property of senior citizens with the help of various social institutions , Resident’s Associations, NCC etc. Monthly visit of civil police Officers to the house of senior citizens are arranged under the jurisdiction of each Police Station.



2. IMPLEMENTATION OF THE MAINTENANCE AND WELFARE OF PARENTS AND SENIOR CITIZENS ACT, 2007

By the date of 24.09.2008 Maintenance and Welfare of Parents and Senior Citizens Act, 2007 enforced in the States/Union Territories. According to this Kerala government formed Rules, in exercise the powers conferred by section 32 of the Maintenance and Welfare of Parents and Senior Citizens Act, 2007 and it was came into force by the G.O (P) No.38/2009/SWD dt.28.08.2009 called The '*Kerala Maintenance and Welfare of Parents and Senior Citizens Rules, 2009*'.

By the Government order G.O(P).No.32/2009/SWD dt.17.08.2009 the Kerala Government constituted Maintenance Tribunals for each sub division and appoint Revenue Divisional Officers as Presiding Officers by the Section 7 of the Act and by the G.O(P).No.32/2009/SWD dt.17.08.2009 Government constituted Appellate Tribunals for each Districts and appoint Collectors as the presiding Officers and by the G.O(P).No.34/2009/SWD dt.17.08.2009 the Government designated The District Social Justice Officers as Maintenance Officer. According to above orders 27 Maintenance Tribunals and 14 Appellate Tribunals are working now in the State and also 14 Maintenance Officers are working under the Law.

2 (1) Strengthening Maintenance Tribunals

2 (1) (A) Appointing Technical Assistants in the Tribunals

Under the Section 21(iii) of the Law , for the effective coordination between the services provided by the concerned Ministries or Departments dealing with law, home affairs, health and welfare, to address the issues relating to the welfare of the senior citizens and periodical review of the same the Social Justice Department of Kerala implemented a new Project by appointing Technical Assistants on contract basis to assist the Revenue Divisional Officers and for the co-ordination between services with various departments relating to the Act.2007 since 2017-18 financial year. Now 27 Technical Assistants were appointed in 27 Maintenance Tribunals in the State.

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After appointing the Technical Assistants in the Tribunals the functions of the Maintenance Tribunals became more effective and decision making is now very fast. The Technical Assistants assist the Tribunal for registering cases, take enquiries on the cases and making arrangements of Hearing and Adalath procedures. Moreover, the Technical Assistants conduct awareness camps with the financial help of social Justice Department for the public to make them aware about the Law and rules.



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During their enquiries on the cases, Technical Assistants make the Old age people more confident to fight against the injustice which they faced. They provide various services to the Old age people. They aware the public about various schemes and projects of the Government and help them to avail the benefits.



The Technical Assistants take steps to conduct Medical Camps cum Adalat for Senior Citizens to identify the signs and symptoms of many diseases which may harm in future, with the financial and physical help of Social Justice Department in the Tribunal Level.

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2 (1) (B) A boom in disposal of Cases in One year

After appointing Technical Assistants they made the public more aware about the Law and as a result more cases are registering different to previous years. And also cases are disposing very fast comparing to previous years. A comparative statement of Registering and disposing of cases in 2018-19 is given below.

Sl. No	Revenue Divisional Offices	Year Pending as on 31.3.2018 (Brought forward cases)	Number of Applications/Claims in Maintenance Tribunals (1.4.2018 to 31.03.2019)					Pending at the End Of the Annual year 31.03.2019 [B+C-G]
			Instituted during(1.4.2018 to 31.03.2019) [Newly registered]	Disposed-off during the Annual year			Total no. of applications disposed during the period and the Percentage	
	A	B	C	Settled through Conciliation Officers	Number of Claims/ maintenance awarded by the Tribunal	Number of Claims rejected by the Tribunal		
1	Thiruvananthapuram	470	745	5	195	70	270 (22.22%)	945
2	Nedumangad	99	118	0	52	4	56 (25.80%)	161
3	Kollam	331	372	20	510	60	590 (83.92%)	113
4	Punalur	68	35	0	14	0	14 (13.59%)	89
5	Adoor	125	259	9	173	3	185 (48.17%)	199

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6	Thiruvalla	59	126	4	68	60	132 (71.35%)	53
7	Chengannor	60	223	8	69	20	97 (34.27%)	186
8	Alappuzha	186	273	92	150	2	244 (53.15%)	215
9	Pala	44	61	3	50	3	56 (53.33%)	49
10	Kottayam	55	156	44	107	14	165 (78.19%)	46
11	Idukki	55	55	0	37	32	69 (62.72%)	41
12	Devikulam	47	30	3	42	5	50 (64.93%)	27
13	Fort Kochi	306	226	14	27	12	53 (9.96%)	479
14	Muvattupuzha	179	163	7	196	2	205 (59.97%)	137
15	Thrissur	80	275	51	200	8	259 (72.95%)	96
16	Iringalakkuda	0	99	0	26	31	57 (57.57%)	42
17	Tirur	60	48	1	34	3	38 (35.18%)	70
18	Perinthalmanna	56	57	0	81	0	81 (71.68%)	32
19	Ottappalam	121	161	30	117	71	218 (77.30%)	64
20	Palakkad	48	143	5	83	31	119 (62.30%)	72
21	Kozhikkode	132	149	22	179	5	206 (73.30%)	75
22	Vadakara	0	78	0	43	4	47 (60.25%)	31
23	Mananthavady	77	184	24	158	2	184 (70.49%)	77
24	Taliparamba	0	28	0	0	0	0	28
25	Thalassery	112	210	47	193	8	248 (77.5%)	74
26	Kasargod	15	10	3	5	2	10 (40%)	15
27	Kanhangad	53	55	13	52	26	91 (84.25%)	17
	TOTAL	2838	4339	405	2861	478	3744	3433
	The % of disposal for the year 2018 - 19 = 3744/(2838+4339)X100 = 52.16%							

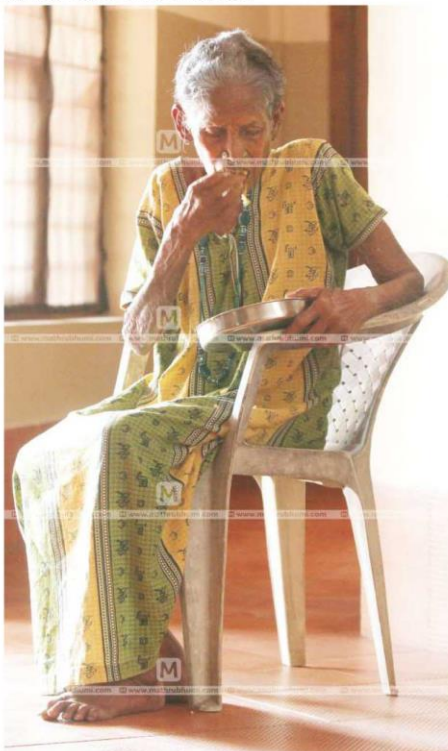
Number of Revenue Divisional Offices (Maintenance Tribunals) has been enhanced from 21 to 27 in the year 2019. They are:- RDO Nedumangad, RDO Punalur, RDO Irinjalakkuda, RDO Vadakara, RDO Taliparamba, RDO Kasargod.

2 (1) (C) Reverse Mortgage

The new banking system called Reverse Mortgaging is a scheme by which Senior Citizens can pledge their assets and houses to earn their daily life as well as treatment expenses. This noble initiative helps people who don't have anyone to take care of them, to live with self-respect and health. The bank will approve loan under conditions considering the value of the property and the age of the applicant. The loan is given as a fixed amount as first installment and later can be availed monthly, quarterly or half yearly. The maximum tenure of the loan period is 15 years, after the period it should be availed as a new loan. If the loan amount is not repaid, the property will be attached by the bank after the death of the applicant. If the heirs repay the loan the property will be transferred to them.

First case of reverse mortgage loan; Rajamma lives in dignity

KV Sreekumar
Sep 23, 2018, 01:19 PM IST



Palakkad: Rajamma (75), who is unable to walk due to a fractured pelvic bone, was abandoned by her daughter and daughters-in-law and has been living a dreadful life without food and water and defecating on her bed. However, Rajamma, a native of Elappulli, has become part of a historic act passed in 2007 for the welfare of senior citizens of the country.

After knowing the pathetic condition of Rajamma, accepting her property as security, Canara bank has given her money under Reverse Mortgage Loan upon the order by Palakkad RDO. The action was taken after her daughter and daughters-in-law disagreed to look after her.

According to Maintenance and Welfare of Parents and Senior Citizens Act, 2007, if the heirs have to get the property after her death, they have to repay the loan to the bank. If not, the bank can seize the property and deduct the debt amount. Rajamma can live with the reverse mortgage amount. This is the first case of reverse mortgage in the state Under the Maintenance and Welfare of Parents and Senior Citizens Act, 2007.

Rajamma's condition was informed to authorities by Child Welfare Scheme officer Latha Kumari and Anganwadi worker Rajeswari.

Following that, she was shifted to Shanthal Sadan, Mundoor. Later when the case came before the RTO Kaverikutty, relatives of Rajamma denounced her. Following that, RTO ordered Canara Bank, the leading bank in Palakkad, to take her property as mortgage and lend reverse mortgage loan to her.

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2 (1) (D) Honorarium to Conciliation Officers

By the rule 3 of the State rules 2009 the Tribunals appoint the Panel of conciliation officers and the Government give them honorarium for each disposed case made by them at the rate of Rs.1000/-. In 2018-19 , 343 cases are disposed by the Conciliation Officers and the amount of 3,43,000/- is released as their honorarium by the Department. Experts are appointed as Conciliation Officers.

2 (1) (E) Infrastructure facilities to Maintenance Tribunals

Many Old age people come into the Tribunal for Hearing of the Maintenance cases. But there are no good facilities for senior citizens to rest or to drink water etc. The Social Justice Department of Kerala noticed the fact and as the Nodal Department of implementing the Act, the department provided Chairs, Tables for old age and conciliation officers, drinking water facility, tea and snacks for elderly. The Department gives Rs.80000 for each Tribunals for improving infrastructure facilities, starting conciliation rooms, providing furniture, tables, benches etc. for senior citizens, water, toilet facilities etc. for this project and the project is useful and admired by the Old age people who come into the Tribunals.



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2 (1) (F) Medical Camps & Case Disposal Adalaths

The Social Justice Department took initiative to conduct Medical Camps cum disposal adalaths of Maintenance cases. The Department also give financial assistance to conduct medical camps cum adalaths Revenue Divisional Officers at the average amount of 1.5 lakhs.



3. GERIATRIC CARE

The population of those above 60 years of age that comes to 13% is growing at a rapid pace. Changes in the family structure and others, have weakened the traditional protection enjoyed by the elders. In this back drop, a new social system has to be created intentionally. Local governments are the most important agency for geriatric care. They are bound to provide 5% of their plan fund i.e. Rs.375 crore for this. If this amount can be utilized with plan and care great changes can be effected in the welfare of the elderly. In two or three wards of all panchayaths, ‘Pakal Veedu’ will be established. It will function under the supervision of Kudumbashree or voluntary workers. There will be facilities not only for entertainment and relaxation but also for food and treatment. Those ailing elderly persons who are dwelling in houses can be protected through palliative networks. Proportionate to the number of patients, financial assistance can be provided to, from the Geriatric Fund for this. Under the aegis of Kudumbashree 20000 neighbourhood groups for elderly will be started in 2019-20. For each neighbourhood group Rs.5000/- will be given as grant. Those elderly who are staying alone will be included in the Snehitha Calling Bell Scheme and Kudumbashree workers will visit their homes once in a week. Under the aegis of Kudumbashree, Elder’s meet and ‘melas’ will be conducted in all CDSs. Geriatric councils consisting of pensioners’ organizations, Kudumbashree, palliative / health workers will be established in all Local Government Institutions.



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An amount of Rs.30 crore is earmarked for ‘Sayamprabha’ and ‘Vayomithram’ schemes of Social Justice Department. An amount of Rs.10 crore is earmarked for creating geriatric friendly environment in hospitals. Voluntary technical force will be established for utilizing the service of technically expertised retirees in various sectors. Under the aegis of Kudumbashree, labour groups which do not require strenuous physical effort, will be established.

Among the 42 lakh people who are getting welfare pension, one fourth of them started to receive the pension

BUDGET ALLOTTED FOR GERIATRIC CARE		
SL NO.	DEPARTMENT	BUDGET
1.	SOCIAL JUSTICE DEPARTMENT	6.5 CRORE
2.	KERALA SOCIAL SECURITY MISSION	24 CRORE
3.	LSGD SHARE (5 %)	375 CRORE
TOTAL STATE BUDGET FOR GERIATRIC CARE		405.5 CRORE

for the first time during the period of this Government. Not only the arrears were cleared but the pension amount was also increased to Rs.1,100/-from Rs.600/-. The anticipated expenditure during 2018-19 is Rs.7,533.72 cr. The central assistance received last financial year is only Rs.150 cr. Sir, all the welfare pensions are increased by Rs.100/-.



4. SAYAMPARBHA : INNOVATIVE SCHEMES IN STATE FOR ELDERLY



Social Justice Department implementing several Old Age Schemes Under a comprehensive Project named Sayamprabha. Sayamprabha aims at providing the most required services and help on a barrier free platform to the people in their age of need. The Scheme constitutes a comprehensive package for the creation of an old age friendly environment facilitating aged people to withstand the challenges and achieve overall physical as well as mental health in the most meaningful way in sustainable manner. The Scheme aims to ensure security, nutrition, livelihood, care and protection to all Senior citizens. Following are the activities taken up during the financial year 2018-19.

An outlay of Rs. 550 lakh is provided as state share for implementing the scheme in the current financial year. Various schemes are implemented under the Sayamprabha umbrella scheme.



4 (1) Model Sayamprabha Homes (Multi Service Day Care Centre for Elderly)

The upgradation of Day care centres functioning by the Local Self Government Department by providing some extra facilities to senior citizens like care provider, Yoga, Meditation classes, Entertainment facilities, furniture like Easy Chair, Sitting chair, cots, wheel chair etc. Now, 82 Daycare centres are identified to upgrade as Model

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Sayamprabha Homes and fund already been released to the scheme. Rs.2,35,50000/- is released for this project during 2017-18, 2018-19 financial years.



4 (2) Mandhahasam (Smile) Project:-

Mandhahasam Project started during 2017-18 financial year. This project aims to give free implantation of dentures to senior citizens over the age of 60 under BPL category. Seventy lakhs Rs provided by the Government for the implementation of this scheme for over 1500 beneficiaries.



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4 (3) Vayoamritham Project:-

Vayoamritham Project implemented in co-operation with Indian system of medicine for **Ayurveda treatment of inmates of Government Old age homes**. For this project Rs. 1,44,84,000/- has been sanctioned in 2018-19 .It is observed that this project is very useful to the inmates in the old age homes and this project is going very well. In the current financial year Rs.1,55,00,000 /- is provided to the scheme.



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4(4) Psycho Social Care in Old Age Homes

To develop individualised care plans for the elderly in old age homes under Social Justice Department. In association with **NIMHANS, Bengaluru** implement the project to provide technical support towards incorporating psycho social care in the existing services for the elderly in the old age homes through the programmes of psycho social care for the elderly in old age homes in Kerala. The projects continue for 3 years.

4(5) Music Therapy in Old Age Homes

Music Therapy Programme is conducted in all old age homes to provide better mind refreshment, physical and mental stability. The programme is conducted by “**Secret of Music**” a charitable trust led by Sri. Alex Paul, the famous musician in Malayalam film industry and good motivator.



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4(6) Yoga Therapy in Old Age Homes

Yoga Therapy program is conducted in Old Age Homes by the State. Two Yoga classes were provided in every week to the inmates of the Care Homes. Yoga improves balance and stability, flexibility and joint health. Yoga program significantly improves respiratory function in elders and reduces high blood pressure of the inmates. It has got wide acclaim of the inmates of the Olds Age Homes.



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4(7) Vayo Madhuram (Glucometer):-

A new project was launched in 2018-19 financial year and inaugurated by the Minister of Social Justice which provided Glucometer for free of cost for old age people under BPL category to observe their sugar level in the blood regularly. For this year the project aims to distributing. 14,000 glucometer in all districts.



5. VAYOMITHRAM PROJECT

The ageing of a population, that is increasing proportion of elderly, takes place as a consequence of demographic transition. In the developed countries measures were taken and programmes implemented for the well-being of the aged persons. In Kerala, though some welfare measures have been taken for the aged persons, these measures are not fool proof or are based on any deep study on the subject, and the socio-economic impact of these measures are not fully and widely accepted. Hence Kerala Social Security Mission has implemented the Vayomithram project which provides health care and support to elderly above the age of 65 years residing at Corporation/Municipal Areas in the state. The Vayomithram project mainly provides free medicines through mobile clinics, Palliative care, Help desk to the old age.

Health Care

1. Mobile clinic service

Vayomithram provides medicines free of cost by conducting mobile clinics in ward basis in the area. There are no economic criteria for availing the service. Each mobile unit comprises of Medical Officer, Staff Nurse and JPHN. In Corporation areas 2 mobile clinics are carried out in one day.

2. Palliative Care service

This service intends to provide palliative care for the bed ridden patients in the project area. Special trained nurses and JPHN's are available for the service.

3. Help Desk

Vayomithram co-ordinators provide help desk service to the needy old age in the area. The old age can avail the help from the vayomithram office.

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4. Counselling Service

Vayomithram Started counselling service to the old age with the consultation of Medical Officers in the project. Initially the service will be limited to the registered users of the project.

5. Other services

- Special Medical Camps are conducted in project area for aged.
- Special entertainment programmes like Sallapam, Snehayathra were conducted mainly for the destitute in old age home and vayomithram beneficiaries
- Sponsorship programmes were conducted with the help of NGOs, Institutions in the area.
- Conducted special day programmes (Related to health and welfare) like Old age day programme, Elderly abuse awareness day programme etc. in the area.
- Active involvement of Vayomithram in Social issues related to old age in the area. (Rehabilitation etc)

6. Vayomithram Club Activities and services includes

- Free consultation of Doctor
- Addresses Old age related problems
- Free Medicines including Insulin
- Awareness Programmes
- Health Classes
- Special day celebrations like Onam, Christmas, Ramzan, Birthdays etc
- Interactive Sessions
- Measures to prevent Old age abuse
- Palliative care at home in case of bed ridden patients

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6. OTHER INITIATIVES OF DEPARTMENT

6(1) Sudarshanam Project

For the convenience of Senior Citizens and Disabled persons, in this Sabarimala Pilgrim Season, the Social Justice Department initiated a new Project named ‘Sudarshanam’. It is a temporary centre ,working only in Sabarimala pilgrim season, arranged by the Department to facilitate the Old age people to give them special consideration and a peaceful and comfortable pilgrimage and to relax them after a long journey.

For this project Social Justice Department utilized Rs.3,52,000/- and decided to continue coming years. It is a good initiative to the Old age people and they acclaimed the project.



6(2) Saphalyam Project: A home for disabled destitute people

The Kerala State Handicapped Person’s Welfare Corporation and District Panchayath-Thiruvananthapuram jointly implementing the novel scheme called “Saphalyam” by which a Home for destitute owned by the District Panchayaths was taken over by the Kerala State Handicapped Person’s Welfare Corporation and started a “home for disabled destitute people” where 24 inmates are being given food, shelter and medical assistance. An amount of Rs. 11,00,000/- was utilized during 2018-19 for the institution.

6(3) Assistive schemes to Old Age People

The Kerala State Handicapped Person's Welfare Corporation has been distributing assistive devices to old age people in the State free of cost by conducting medical camps to identify the beneficiaries in each district.

6(4) Elder Abuse Prevention Day Celebration

The State has been celebrating the special day of 15th July by conducting awareness programs about the importance of providing better services and protection of old age people at their homes and against the abuse and exploitation being faced by them due to their fragility and physical instability. Celebration activities are being performed in all the district in the State with the participation of school and college students.

6(5) Alzheimer's Day-September 21

The day is celebrated in the state creatively by conducting awareness programmes to the general public at District and Block level. Leaf letters and brochures highlighting the problems of the Dementia Persons and how they have to be cared and treated.

6(6) Old Age Day Celebrations-October 1

Since October 1 has been declared as Old age Day, Government of Kerala decided to conduct various programmes including symposiums , cultural programmes , arts and sports competitions to highlight the merit and qualities of old age and keeping , serving and protection of old age people at their homes itself.



7. PILOT PROJECTS

(Project for total revamping of Government Oldage Homes in Kerala)

Project Description

The project intends to turn Govt old Age homes into a second innings home as a model state of the art, multi service community age care .The model home will also provide field extension services. The pilot project started in Kannur district by Developing Govt Old Age Home Kannur as model second innings home.

Project Goal: Improve the quality of life of senior citizens by providing basic amenities like shelter, food, medical care and entertainment opportunities.



Project Duration:

The Model home will be ready in three months and total duration of project would be three years with annual renewal based on mutual discussion. Annual budget will be fixed every year by mutual consultation.

Project Objectives

- Establish Multi Service Community Age Care Centres towards provision of health care, education, legal and psycho-social support and services, reaching elderly population and their care givers.
- To support carers and their families

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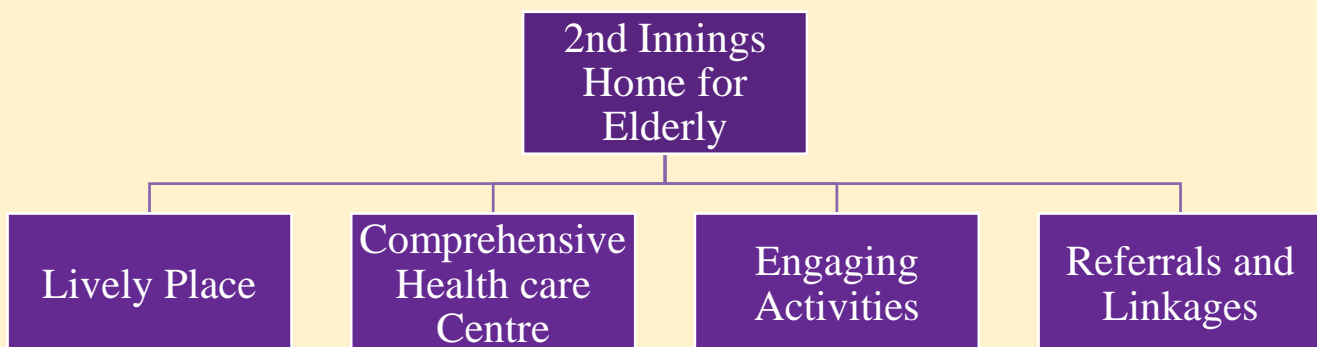
- To conduct public awareness programs and psychosocial activities for creating an enabling environment in elderly care and delays institutionalization.

Operational Approach

The project intends to develop Govt old Age home Kannur a second innings home as a model state of the art, multi service community age care .The model home will also provide field extension services in Kannur district in Kerala. The necessary changes in the home will be brought in three months and HLL will work as consultancy to run the home for three years with best services .

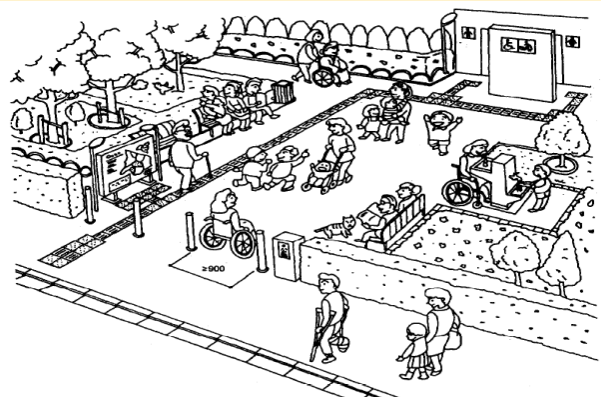
Low resources- maximum benefit based activities that delivers elderly friendly need based services, capacity building of care givers, community involvement, creation of smart spaces, creation of enabling environment, linkages and inclusion with service providers would be the project thrust.

Developing elderly friendly Panchayaths (Village level), Municipalities (Cities) in a phased manner will be the long term goal of this project. In nutshell the centre would function as a “retirement Township “ with lively place, comprehensive health care facility, lot of activities to engage elders and serve as referral cum linkage centre.



The key standards of the centre are:-

- Security measures (CCTV, terrace and Outdoors); isolation rooms,
- Adequate Privacy & Personal Space
- Rooms- ventilated, Adequate space, anti-slippery flooring, Provision of



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storage, Night Lighting, Alarm Bells

- Senior- friendly facility design- with grab bars, skid-free flooring, elevator, wheel-chair friendly doorways and hallways, natural lighting
- Bathrooms- Provision for intercom facilities, separate for males and females; Kerb Ramps; anti-slippery tiles and railings for hand support
- Hygiene and Maintenance
- Ambience (Barrier Free Environment) – Site Planning (Walks and Paths); Sensory Stimulation; Landscaping.



Additional Facilities in the Centre

As per national guideline following additional facilities have been made available in the existing centre.

- Library
- Guest Room
- Recreational Hall
- Gardening
- Dining hall
- Hot water facility
- Public Address System
- Prayer room
- Multi-Purpose Vehicle
- Mini Gymnasium/ Occupational therapy room
- Rooms for Counselor, Social Worker.
- Office Room

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- 3 Room for Health Checkup and counselling
- Storage space for linen and medicines
- Separate Sick Room
- Retiring room for Staff



Human Resource under the Project

The centre would deploy a full time Centre in Charge, Consultant Doctors from various streams, Physiotherapist, Psychologist(Part time), Nurses(10), Special Educator/Counsellor (1), Nutritionist (Part time), Cook, Housekeeping cum Helper(4), Security Guard(2), Driver (1). Currently the center already have a superintendent, cook and driver for vehicle- same would be utilized under the project. Rest team would be brought in.

The project will be overseen by a Program Manager (Existing Superintendent) who would be assigned to oversee the execution elderly care programs. The Centre in Charge would oversee the services at the centre. The Special Educator/ Counsellor would be assigned to oversee and supervise field extension services. The Medical Officer, Physiotherapist, Dietician and Yoga Teacher would be on fixed time and day basis. Detailed roles and responsibilities of each designation are mentioned in Annexure I.

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Project Activities

The project will be executed in the Kerala State through the following four pronged strategies

- 1) Modernizing the existing facility as Multi Service Age Care Centre (towards provision of health care, education, legal and psycho-social support and services, reaching elderly population and their care givers.
- 2) Converting the existing centre as a lively place for the meaningful engagement of elders by creating space for physical activities, recreation, developing menial employment opportunities etc.
- 3) Adoption of Smart Spaces for Elderly Support & Services
- 4) Creating space for Medicare and respite care.



The centre would provide a basket of services for the meaningful engagement of elders in the proposed centre. Following are the specific activity plans under the proposed Project:

- **Day Care Services** at the Homes' would render day-care facilities managed by a trained Community Nurse/ Social Worker for the elderly population of both sex. The nurse would engage in routine medical check-up, physiotherapy, meditation, counselling, age specific life skills, linking with social security schemes and recreation activities etc. Recurrent health camps with multi-speciality clinicians will be organised. The centre would also create a library space and subscribe to newspaper and magazines. The centre would serve for learning and

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entrepreneurial activities focusing on their mental employment, productivity and wellness.

- Reminiscence therapy involving the use of newspapers, photographs, objects and so on from the person's youth. Furnish rooms in styles from the past.
- Painting, cooking, gardening and so on can provide that satisfaction. The appropriate space for these activities needs to be provided.
- Outings to parks and other places of interest.
- Elderly People may not communicate well or register their complaints reliably so there is a need for a day centre to have good medical records on individuals and to be able to make contact with the clients' doctors. The planning and furnishing of a day centre should allow for the necessary records to be kept securely and for medical consultations to take place if this is arranged with the family doctor or specialist.
- Dementia Assessment/Memory clinic: **A memory clinic** will also be attached and made functional in the centre. This memory clinic will help in assessment, interacting with patients, families, and groups to identify and share information about approaches that maximise use of retained cognition and minimise the emotional distress that can come from frustration and misunderstanding, and that impair performance even further. It will act as an ideal venue for sensitive communications, assessments and discussion of diagnosis and differential diagnosis
- Creating smart space with in the centre to connect the elderly with their relatives and peers.

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- **Enabling Reality orientation:** People with Alzheimer's disease are surrounded by familiar objects that can be used to stimulate their memory. Other materials, such as a family scrapbooks, flash cards, Scrabble games, large-piece jigsaw puzzles, and large clocks and calendars are also helpful.
- **Cognitive retraining:** therapeutic strategy that seeks to improve or restore a person's skills in the areas of paying attention, remembering, organizing, and understanding, problem solving, decision making etc
- Visiting services - volunteers. Meet the Veterans programs
- Support and help with social activities in order to improve the social environment and living conditions.
- Livelihood model will be created that will engage elders and also bring the funds for them



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- Organizing games and competition
- Creation of SMART spaces within the centre to connect with people & render helpline services – online blogs to exchange views and concerns, link to advocacy groups and access online resources
- Outings to parks and other places of interest.
- Celebration of Festivals, Birthdays, anniversaries, events etc
- The medical team would engage in routine medical check-up, physiotherapy, meditation, counselling, age specific life skills, etc.
- Recurrent health camps with multi-speciality clinicians will be organised.
- The centre would also create a library space and subscribe to newspaper and magazines.
- The centre would serve for learning and entrepreneurial activities focussing on their menial employment, productivity and wellness.
- Domiciliary visits (need based)
- Linkages with Govt. entitlement schemes (pension , banking etc)
- Field Care Coordinators would also organize Meet the Veterans programs among elders and youngsters to create awareness among younger generation of the importance of older people in the family and the community, the problems they face and increase the level of understanding between the two generations so that older people have homely environment and are properly treated by their families. One special program at centre respecting local older people will be organized to bring older people and the family members together and make the younger generation aware of the contributions of older people in the society. **Weekly experience sharing forums** will be created for elderly people.
- Field Case Coordinator would also engage in **Advocacy with stakeholders** to access elderly friendly services at the health facilities, public amenities, police force and educational institutions etc. Linkage with existing Government Schemes appropriate for elderly population such as Institutions for Care Givers, Vayaomitram and Samaswasam Schemes. Field services of the existing front line

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workers such as ASHA, Anganwadi & Kudumbasree workers, Palliative Care Units and voluntary health professionals would be extended to needy. Connect elderly groups with resources on legal and financial protection. Elder care advocates would be identified from District Legal Service Authority (DLSA) on cases of senior abuse, inadequate healthcare, financial stability, insensitive public amenities etc.



The Project will be overseen by a Program Head at state level and at the centre level it will be supervised and monitored by a Centre in charge. Following are the output indicators of project success

- Setting up of model home as per national guidelines
- Number of elderly individuals dropping in and availing varied services at the static centre
- Number of additional facilities made available at the centre.
- Number of elderly accessed day care facility and 24x7 residential facilities.
- No of Awareness Events organised for public
- Number of advocacy and sensitisation events organised
- Number and nature of elderly friendly initiatives made in the intervened Panchayath /Municipality
- No of Project Staff recruited in selected Panchayath/ Municipality
- Induction Training given to Staff on Elderly Care
- Constitution and functional PMC at Panchayath/Municipality in place

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Institutional Mechanism

Under a Program Manager, Home will be managed by a Centre In Charge with the support of team members such as Consultant doctors, Physiotherapist, Nurses, Special Educator, Nutritionist, Cook, Helpers, Security Guard, Driver.

Roles and Responsibilities of Centre in Charge

- Day to day management of centre activities.
- Overall of supervision of staff functions and line functions.
- Prepare all reports and maintain the MIS of the centre.
- Mobilise external resources including food for the residents.
- Liason with Panchayaths /Municipality for execution of the Project Services
- Establish linkages with stakeholders with elderly care and services
- Facilitate development of second innings resource centre in the district
- Manage project related finances including timely submission of statement of expenditures
- Facilitate Project Monitoring Committee on regular intervals at Panchayath/Municipality level
- Timely submission of reports and documents to State Office.

Roles and responsibilities of the Clinical Nurse would be:

- Clinical care for the out-patients and in-patients.
- Clinical assistance in medical check-up, physiotherapy.
- Organise events such as health camps, physiotherapy, yoga and meditation, life skills education etc.

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- Organise amenities and routine service functioning for elderly population at the clinic
- Linkage and Clinical assistance to homes based in vicinity of the Sayamprabha homes.
- Timely submission of reports and documents to State Office.

Roles and responsibilities of the Special Educator would be:

- Develop project implementation plan, execute granulated activities within the timelines and monitor its progress using pre-framed tools
- Render need based medical check-up, physiotherapy, meditation, counselling, age specific life skills etc. and Referral services to hospital and mandatory civic services in the filed.
- Organize amenities and routine service functioning for elderly population in the centre.
- Develop SMART spaces to connect with people, peers and experts and elderly helpline services using mobile phones, PC with wifi connectivity and landline services in the DIC.
- Accompanied escorts to needy elders to hospitals and civic centres to avail mandatory services.
- Organize training programs for the Panchayath/ Municipality staff, elected representatives front line workers, and community volunteers.
- Create income and employment generation activities, share information by publishing newsletters, hold social gatherings such as “Meet the Veterans” Programs, organize Interfaces with youth and Celebrations
- Hold awareness, interfaces and advocacy events to enable access to critical services
- Leverage service convergence with existing Social protection schemes
- Timely submission of reports and documents to State Office.

PHYSICAL AND FINANCIAL HIGHLIGHTS REPORT (FY 2018 – 19)

1. 82 daycare homes for Old Age under LSG Institutions were converted to Sayamprabha Homes. Expenditure - **Rs. 42.1745** lakhs
2. Assistants have been provided to affix artificial dentures to 1301 number of Old age people through Mandahasam Scheme. Expenditure - **Rs. 59.73** lakhs
3. 786 inmates of Govt. Old Age Homes under the department have been provided Ayurveda treatment through Vayoamrutham Project. Expenditure - **Rs. 144.39** lakhs
4. 14000 Senior Citizens have been provided Glucometer through Vayomadhuram Scheme. Expenditure - **Rs. 58.2542** lakhs
5. Welfare schemes for Senior Citizens- Expenditure - **Rs. 88.1036** lakhs
6. Maintenance and Welfare of Parents & Senior Citizens Act 2007- Expenditure - **Rs. 40.5599** lakhs
7. Throughout Kerala 28 awareness programmes conducted in schools & colleges regarding maintenance and welfare of parents and senior citizens and covered 5600 overall beneficiaries.
8. Other Activities (ID Card distribution, Viewing Boat Race, Street Play, Sudarshanam Scheme- Expenditure - **Rs. 7.8395** lakhs

List of Oldage Homes under Social Justice Department

Ind ex	Name of Office	Address	Contact No	Email ID
1.	Day Care Centre and Old Age Home (Women), Thiruvananthapuram	V.T.C compound, Poojappura, Thiruvananthapuram	0471-2340566	oahwomentvm@gmail.com
2.	Care Home, Pulayanarkotta, Thiruvananthapuram	Thuruvikkal PO, Pulayanarkotta, Thiruvananthapuram	0471-2440747	carehomepulayanarkotta@gmail.com
3.	Government Old Age Home, Kollam	Inchavila,(PO),Anchalummoodu, Kollam.	0474-2701516	oahkollam@gmail.com
4.	Government Old age Home,Pathanamthitta	Vayallathala P.O, Puthamon Junction Ranni (Via) Pathanamthitta	0473-5246558	goahpta@gmail.com
5.	Old Age Home for Physically Handicapped, Alappuzha	Mayithara.P.O.,Cherthala	0478-2816696	hphmayithara@gmail.com
6.	Government Old Age Home, Kottayam	Kottayam Thiruvanchoor Post, Pincod-686019	04812-770430	oah.kottayam@gmail.com
7.	Old age Home for Physically Handicapped, Idukki	Muthalakkodam P.O., Pazhukkakulam, Thodupuzha via, Idukki	04862-211024	hphfortheagedidukki@gmail.com
8.	Government Old Age Home, Ernakulam	Government Oldage Home Thevara P.O. Kochi-682013	0484-2663641	goahekm@gmail.com
9.	Government Old age Home, Thrissur	Ramavarmapuram P.O., Thrissur.	0487-2693734	goahtr@gmail.com
10.	Old age Home for Physically Handicapped and Aged, Palakkad	Thottakkattu Thara, Koduvayur,Palakkad	0492-3251341	hpholdagepkd@gmail.com
11.	Government Old age Home, Malappuram	Thrikkannapuram P.O Malappuram	0494-2698822	govoahvnr@gmail.com
12.	Old Age Home for Physically Handicapped, Wayanad	Palliyara P.O. Kanayambetta, Wayanad	04936-285900	hphwayanad@gmail.com
13.	Government Old Age Home, Kannur	Government Old Age Home Chal, Azhikode P.O Kannur PIN-670009	0497-2771300	gohkswj@gmail.com
14.	Government Old Age Home, Kasargod	Paravanadukkam P.O Kasargod	04994-239726	govtoldagehomeksd1@gmail.com
15.	Government Old Age Home, Kozhikode	Social Justice Complex Vellimadukunnu, P.O Kozhikode	0495-2731111	calicutoldagehome24@gmail.com
16.	Govt. Oldage Home & Fulltime Dementia care Centre, Edavanakkad	Illathupady, Edavanakkad, Ernakulam-682502	0484-2506990	edavanakkadoldagehome@gmail.com

